

Pregnancy Resource Medical Center

of Fort Bend County

ABOUT PRMC

The Pregnancy Resource Medical Center of Fort Bend County (PRMC) is a non-profit 501 (c)(3) organization located in Rosenberg. PRMC is dedicated to all women who are faced with an unplanned pregnancy. It is our goal to offer the information, emotional support, spiritual encouragement, and practical help that will empower them to choose life for their child and sexual integrity for themselves.

HISTORY

*"What if our daughters got pregnant and didn't feel that they could come to us?
Where would they go?"*

Dolores Wolff and her friends knew that a young woman facing an unplanned pregnancy has a critical decision to make – a decision with a lasting impact on her life as well as the life of her baby. In October of 1981, Birthright of Rosenberg/Richmond was incorporated as a non-profit corporation in the state of Texas and chartered as an affiliate of Birthright International. The three charter members were Rosalie Byrd, Iris Hrcir, and Dolores Wolff.

In its first year, Birthright of Rosenberg/Richmond served 37 women. The following year there were 136 office visits and 80 pregnancy tests. In 2005-06 there were 921 clients served and 804 new pregnancy tests performed. Out of this group 160 women were considering abortion.

In 1998, there was a separation from Birthright International and a new affiliation began with Heartbeat International, a non-profit organization that supports pregnancy centers. Thus, the name changed to "*Pregnancy Resource Center of Fort Bend County*" (PRC).

PRC began with 4 volunteers and continued as an all-volunteer organization for 20 years. Marie McCoy was instrumental in leading the center for over 15 years holding numerous positions. In 2001 PRC hired its first paid employee, Cynthia Shuey as the Client Services Director. Over the next 10 years PRC continues to add staff as the programs and services provided continue to grow and expand.

In addition to the Pregnancy Test Peer Counseling, PRC added the Learn Earn Plan program in 2002 and the Sexual Integrity Program in 2006. The physical location in Rosenberg changed over time as the programs and needs of the center increased. In the early 80's the initial annual budget was approximately \$3,000 with it slowly growing over the years; the 90's averaging \$25,000. In 2005 the PRC's budget broke the \$100,000 mark for the first time with an annual budget of \$129,091.

In 2007 a second office is opened in Sugar Land to expand our services and reach the women in that area of Ft. Bend County. PRC hires an Executive Director and two office managers, one for Rosenberg office and one for the Sugar Land office.

In 2010 The PRC performed 748 pregnancy tests and 81 clients were abortion minded while over 670 clients attended LEP classes and clients visited the Mommy store more than 600 times. It became apparent that the majority of women we were serving were from the south/southwest Ft. Bend. The PRC Board of Directors makes the decision to consolidate the two offices back to the central location in Rosenberg to achieve the goal of becoming a Medical Center offering Ultrasound to our abortion vulnerable and abortion minded clients.

The conversion process takes approximately 2 years and by the end of 2012 the Pregnancy Resource Center of Ft. Bend Co. becomes the ***Pregnancy Resource Medical Center of Ft. Bend Co.*** offering free ultrasound to clients. The staff has grown to 6 including an Executive Director, Nurse Manager, Executive Assistant/Office Manager, Client Service Director, LEAP Coordinator, and Marketing & Development Director. PRMC grew also in volunteer capacity from the founding year of 4 volunteers to 20 Volunteers by the end of 2012. PRMC moves to a new location to accommodate the medical conversion and to better serve the clients. The 2013 PRMC budget reaches \$350,000.00!

The PRMC vision is to be seen as the preferred provider of services to our clients by utilizing ultrasound, counseling and other educational programs to prevent abortions and help women in crisis.

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NON MEDICAL SERVICES

PRMC non medical services are provided by trained CAP Volunteers- Client Advocate Program that care for each individual woman and her unique situation. The services are provided in confidentiality, without judgment and free of charge. They are available to any woman regardless of personal circumstance, age, national origin, income, marital status or religious affiliation. An unplanned or a crisis pregnancy does not necessitate the making of an uninformed or impulsive decision.

Information

Exploring the options available will enable women to make a decision based on knowledge rather than on fear or pressure. Trained CAP Volunteers provide information on the following subjects:

Fetal Development

PRMC offers facts regarding the developmental stages of human life from conception to birth.

Abortion Procedures, Risks and Alternatives

PRMC does not offer abortions or make abortion referrals but offers valuable facts and figures on the risks, techniques and consequences of abortion.

Adoption Planning

PRMC offers referrals to agencies that help women make adoption plans based on each situation and circumstance. PRMC only refers to Adoption centers that place with traditional mother/ father parents.

Sexually Transmitted Diseases (STD's)

It is imperative that the client is aware of the reality associated with STD's and the importance of STD testing; PRMC provides information to help women know the facts and make informed decisions.

Sexual Integrity

PRMC offers relationship counseling to negative test clients to empower them to choose sexual integrity in their lives. Classes are also available to individuals, or groups with the focus on more than just abstinence; it encompasses emotional, physical, social, intellectual and spiritual wholeness.

Support and Encouragement

The Pace Volunteers are trained and prepared to handle crisis management. The main goal is to calm the client's anxiety, help her sort out feelings, and give her the necessary information and resources to make future plans.

Parenting Classes

The Learn/Earn/And/Plan (LEAP) program is primarily an educational program for expectant mothers and fathers. The concept is to reward participants with "LEAP Money" which can be exchanged for items at the Mommy Store. This process instills confidence, pride and responsibility as well as practical preparation for parenting.

Mommy Store

We have clothing and furnishings available as well as diapers for mom and baby as part of the Learn/Earn/And/Plan Program.

Abortion Recovery Counseling and Support

Many women experience strong negative emotions after abortion. Sometimes this occurs within days and sometimes it happens after many years. PRMC offers referral information for Abortion Recovery Counseling and Support.

Referrals to Community Resources

PRMC provides referral information to assist the client with legal, medical, financial and housing needs. These referrals are verified and updated annually.

VOLUNTEER OPPORTUNITIES

Opportunities are available for adults, students, businesses and organizations. Volunteers are provided with training that is appropriate for each position.

Working with Clients

These volunteers present accepting, non-judgmental and respectful attitudes to the clients. **All Volunteers with Client interaction** undergo 22 hours of in class training presented by the Clients Service Director as well as other staff members. Following the in class training all CAP Volunteers will shadow seasoned Volunteers prior to working one on one with clients.

CAP- Client Advocate Program Volunteers-first meet with clients through a one on one **confidential** discussion, they oversee the pregnancy tests and are prepared to listen and offer the client facts and tools which will help the client make decisions regarding her future. If follow-up is allowed by the client the volunteer will continue contact with the client.

Learn Earn And Plan (LEAP) Mommy Store Volunteers help sort and label items; help clients shop or care for the children of clients while they are shopping.

LEAP Teachers give weekly instruction in classes for the incentive program. Subjects include childbirth, self esteem, budgeting, etc. to help clients prepare to be good parents.

LEAP Child Care is needed for times when the classes are offered and when the store is open.

Non Client Volunteer

Clerical Help Volunteers help with the daily running of the center by making copies and assisting in administrative type projects.

Diaper Drive Organizer is someone who organizes a group of friends, co-workers or church members in the collection of diapers (size 2, 3, 4, and 5), diaper wipes, and items that help a mother care for her infant

PRMC Church Liaisons keep each church in contact with PRMC, arrange for announcements, recruit support and advocate for PRMC in the church.

Cleaning Crew Weekly dusting, vacuuming, clean bathrooms and empty trash

Handyman will be on call for minor maintenance jobs in the center

Fundraising Committee works on fundraisers to benefit PRMC.

Public Relations Representatives make personal contact with doctors, pastors, school counselors and school nurses to promote PRMC services. They also place business cards and brochures in public locations and man booths representing PRMC at health fairs, conventions and other events.

Board Members are a diverse group from the community with valuable experience and wisdom. They are the central entity that is legally and morally responsible for the organization.

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Student Volunteers

Student volunteers bring energy and enthusiasm to PRMC. They are the future adult volunteers of the community, and it is important they have a vested interest in helping those around them in need. The student or student groups can participate in the following ways:

Fundraisers

The student or student groups can organize fundraisers for the center. They will complete the planning, promoting and gathering of either Mommy Store items or funds to secure a specific item for PRMC.

PRMC In-Office Assistance

Students can assist in general maintenance and housekeeping of the office, filing and organizing.

Mommy Store Assistance

Sorting, organizing and labeling donated items for the store in the LEAP Building.

Childcare

Supervising the safety and engaging the children in activities while the parents attend LEAP classes.

Prayer Garden Maintenance

Weeding, seasonal planting and other garden needs

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FINANCIAL DONATIONS

PRMC is funded primarily through the donations of individuals, businesses and organizations in Fort Bend County. The contributions cover the costs of operating and managing the center.

All donations are tax deductible and accepted by check, cash, money order or credit card. Online donations are accepted at www.prcfortbend.org or www.networkforgood.org.

IN-KIND DONATIONS

The Mommy Store offers clothing, diapers, furnishings and other tangible items for Mother and Baby available as part of the Learn/Earn/And/Plan Program. Items are accepted throughout the year and include diapers, maternity clothing, cribs, and car-seats, baby clothing and baby furniture. These donations allow PRMC to provide tangible support to women and their babies.

CONTACT INFORMATION

2918 Avenue I
Rosenberg, TX 77471
281-232-2375
Fax: 281-232-0458

Hours of Operation:

Monday & Wednesday 9:00AM – 5:00PM
Tuesday & Thursday 9:00AM – 7:00PM
Friday 9:00AM – 1:00PM
2nd Saturdays of each month 10:00AM – 1:00PM

Email: info@prmcfortbend.org

Donor Website: www.prcfortbend.org

Client Website: www.fortbendpregnancy.com

After hours: 800-395-HELP (4357)

Executive Director

Lisa Pearson
lisa_prc@sbcglobal.net
lisa@prmcfortbend.org

Board Members

Angie Borges- Chairman

Marie McCoy- Secretary

Howard Harbes

Patty Harbes

Lisa Pearson- Executive Director